

VICE CHAIR

Welcome to the Fall 2024 Region 6 Assembly! I am grateful to serve Region 6 with this awesome board.

My report includes updates on activities I've worked on over the last six months, updates on future Assemblies and important information about hotel and Assembly logistics.

Upcoming Assembly Dates

2025: April 5th (on Zoom) and September 20th (Hilton Garden Inn)

2026: Spring: Preferred: April 11 (Alternate: April 18)

Fall: Preferred: October 3 (Alternate: September 19)

Board Mentor – TSW Committee

This year's Twelfth Step Within Committee updated a guide that was originally created for a specific intergroup that can be use for all intergroups in Region 6. This should be available after the fall assembly.

As a reminder, you can find information for members in relapse and for newcomers on the Region 6 TSW page: [https://oaregion6.org/resources/12th step-within/](https://oaregion6.org/resources/12th-step-within/)

French Interpretation/Translation

Region 6 has three intergroups where the majority of the population is French speaking, so we have begun the work of providing interpretation at our Assemblies beginning with last Spring's Assembly. Therefore, we need you to ensure that we speak into the microphones, as what we say will be interpreted into

It is incredibly difficult to slow down your pace of voice, but a slower pace would ensure that what you say in English is interpreted for all.

Hotel Liaison

The staff of the Hilton Garden Inn Albany Medical Center continues to work hard to meet our needs; please let me know if you have any questions or concerns.

Hotel - Practical Information

- Check-in is 3:00 pm and checkout is 12:00 pm.

- All rooms have a mini refrigerator, microwave, and Keurig coffee maker.
- Breakfast is NOT included in the hotel room rate. The Garden Grille is open for breakfast, 7 am - 11 am; there are a variety of options on the menu to choose from.
- The Recovery Sports Grill (on the first floor of the hotel) is open 11:30 am - 10:00 pm on Friday and Saturday.
- The hotel has a swimming pool, fitness center and guest laundry.

Printing & Copying

Please print out all your Assembly documents at home if at all possible. Copies can be requested from the front desk.

Lunch Information

Lunch will be served in the Fireside Atrium and is available only to members who registered online prior to Assembly and paid for lunch as part of that registration.

The lunch menu includes sliced meats and cheeses, vegetarian chili, garden salad, vegetable salad, lettuce/tomatoes, bread and a fruit platter. Lunch will **not** be self serve; we will have a single sided buffet with a “sneeze guard” and two servers. Beverages (diet soda, unsweetened iced tea, coffee, tea, decaf and water) will be self-serve.

We are not able to accommodate any special requests, so please bring anything that is important for you to have with your meal.

Board Meeting

The Friday evening Region 6 Board meeting will be held in the Touhey Board Room starting at 7:30 pm. All are welcome to attend.

OA Meeting

We have reserved the Touhey Boardroom for an OA meeting on Saturday morning, 7:45 - 8:45 am. Attendees will select a leader and topic of their choice.

Committee Meetings

Committee Meetings will take place Saturday from 11:00 am - 12:10 pm as follows:

Committee

Location & Board Mentor

12TH STEP WITHIN Room 325 - Chuck F

BYLAWS Room 725 – Kimberly C

FINANCE Room 525 - Debbie H

IGOR Touhey Boardroom - Lynda B

PI/PO Room 625 - Blair P

CONVENTION USS Albany Ballroom – Bob F

WEB & PUBLICATIONS Room 425 - Michael P

Additional Information

- Attendees may choose to wear a mask at any time.

- Additional information on the Assembly is available in emails from the Region 6 Coordinator. We strongly recommend you print out all documents and bring them to with you!

- The Albany Convention Bureau now provides restaurant and other information via their on-line visitors' guide. The Discovery Albany visitors' guide is available at <https://www.albany.org/about/request-visitors-guide/visitors-guide/>