



**REGION 6 CONVENTION    OCTOBER 25-27, 2024    Nashua, New Hampshire USA**

### **CONVENTION TIPS**

**GOOD NEWS!** More than 350 people have registered for the convention this year. It's going to be great! Once you check in at the registration table in the main lobby, check in for your service and speaker assignments and then have a great time!

#### **Keynotes on Zoom with French interpretation:**

This year, for the first time, the general sessions with keynote speakers will be offered live on Zoom in English and interpreted into French. *Special registration is required to attend by Zoom.* <https://oaregion6.org/convention/>

#### **Schedule:** So many choices, so little time!

The Convention consists of various types of OA workshops on a myriad of topics. Meetings start with speakers and then there will be time for sharing. Click here for the convention program. [2024 R6 CONVENTION PROGRAM - Google Sheets \(oaregion6.org\)](#) You will receive a printed copy of the program at registration.

#### **Payment Methods accepted at the convention:**

Onsite registration - Cash and credit cards  
Raffle tickets – Cash only  
OA literature - Cash and credit cards  
Convention merchandise - Cash and credit cards

There is an ATM in the hotel near the restaurant.

**Raffle Baskets:** Intergroups, meetings, and individuals generously donated money to purchase raffle items this year. There will be three separate raffle basket drawings. Ticket prices are 10 tickets for \$5 or 25 tickets for \$10. You must be present to win. This is a great fundraiser for Region 6, and it's fun!

**Parking** at the hotel is complimentary.

**Recordings:** Many workshops are happening simultaneously. Don't worry if you miss a great meeting. All workshops and keynote addresses will be recorded and made available later.

*What did we forget? Probably a few things, but this should get you off to a good start. You can take advantage of as much or as little of the convention as you choose. This is YOUR convention.*

#### **Is it too late to sign up for SERVICE? - Never!**

Please consider doing service during the Convention by clicking on this link or by stopping by the service sign in table. [Overeaters Anonymous: Service sign up R6 Convention 2024 \(signupgenius.com\)](#)

You can sign up to speak here: [Overeaters Anonymous: SPEAKER SIGN UP R6 Convention 2024 \(signupgenius.com\)](#)

#### **LAST BUT NOT LEAST – FOOD:**

If you purchased the dinners: Click here for the menu [Microsoft Word - Convention Meals 2024-update.docx \(oaregion6.org\)](#)

*You will receive your meal tickets at registration. Be sure to put them in a safe place. Hint: put them right into the back of your name tag holder so you will have them readily available at mealtimes.*

After the convention meals, the ballroom will be open for all to hear the keynote speakers.

The hotel restaurant is open for breakfast and dinner but not lunch. For local food options, check in at the Hospitality table.

Please note outside food may not be consumed in the meeting rooms or the general session room.

**PLEASE HELP US KEEP THE CONVENTION FRAGRANCE-FREE FOR THE COMFORT OF ALL ATTENDEES.**