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ADOPTED JULY 1979

REVISED: 12/05/81, 07/16/83, 11/19/83, 11/10/84, 12/06/87, 10/20/90, 07/20/91, 07/25/92, 10/03/92, 04/17/93, 07/24/93, 04/09/94, 07/23/94, 10/15/94, 09/30/95, 03/23/96, 07/13/96, 07/26/97, 04/25/98, 10/17/98, 04/24/99, 10/23/99, 04/08/00, 09/23/00, 03/31/01, 09/29/01, 04/13/02, 10/05/02, 04/05/03, 09/20/03, 04/17/04, 10/02/04, 04/09/05, 04/08/06, 09/16/06, 04/10/07, 04/12/08, 09/20/08, 04/18/09, 10/03/09; 04/17/10, 09/25/10, 04/29/12, 04/20/13, 04/05/14, 09/13/2014, 04/18/2015, 04/16/2016, 04/08/2017, 09/16/2017, 4/18/18, 4/20/19, 4/17/20, 10/03/20,04/10/21, 4/2/22

PREAMBLE - General Warranties of Region 6 -- Overeaters Anonymous

In all its proceedings, Region 6 -- Overeaters Anonymous shall observe the spirit of the OA Traditions, taking care that the Region and its officers never become the seat of wealth or power; that none of its trusted servants shall ever be placed in a position of unqualified authority over any of the others; that all important decision be reached by discussion, vote and whenever possible, substantial unanimity; that Regional actions never be personally punitive, or an incitement to public controversy; that the assembly may act for the service of Overeaters Anonymous Groups and Intergroups within the membership, it shall never perform any acts of government; and that, like the society of Overeaters Anonymous, the Region and its officers itself will always remain democratic in thought and action, placing principles before personalities.

I. NAME

The name of this organization shall be the Region 6 Assembly (hereinafter referred to as "R6A") of Overeaters Anonymous.

II. PURPOSE

Our mission is to carry the message of recovery through the Twelve Steps to the compulsive eater who still suffers.

The purpose of the R6A of Overeaters Anonymous (hereinafter referred to as "OA") shall be:

- A. to further the OA Program in accordance with the Twelve Steps and Twelve Traditions of OA;
- B. to maintain a Communication Center for Region 6 (hereinafter referred to as R6) (Specifically excluded from the objective of R6 and R6A is the endorsement of any outside enterprise, as outlined in Tradition 6);
- C. to provide a forum for selection of Trustee nominees;
- D. to provide unity of Groups and organization of Intergroups within R6;
- E. to host R6 Marathons and Conventions as deemed necessary by R6A;
- F. to work for OA as a whole within the Region on Committees appointed by World Service.

III. MEETINGS OF REGION 6 ASSEMBLY

- A. The R6A shall meet two times a year, spring, and fall, at times and places designated by a majority of the voting members.
 1. The times and places shall be voted upon at a spring R6A meeting as early as three (3) years in advance but no later than 11 months preceding at an R6A spring meeting.
 2. An R6A meeting shall be either
 - a. with all R6Rs and AR6Rs in the same physical location (land based);
 - b. through some form of electronic medium (virtual); or
 - c. Both
- B. The fall meeting of the R6A shall be designated the annual meeting for the purpose of election of officers whose terms have expired.
- C. A special meeting may be called at any time by a majority vote of the R6A Board by giving notice as prescribed in Article III, section 4.
- D. Notification of all meetings shall consist of notices prepared by the R6A Coordinator and sent to each Regional Representative and Alternate (hereinafter "RR" and "AR") and R6A officer at least 45 days prior to any meeting. Special meetings shall have at least 15 days' notice. Notices shall be deemed to have been given to RRs and ARs if sent by electronic mail to each Intergroup office and by postal mail to each Unaffiliated Group contact. Such notices shall specify the place, date, and hour of the meeting and shall state the general nature of the business to be considered at such meeting. The notice of the annual meeting shall so designate it. All notices may be done either by postal mail or electronic mail. Each Intergroup will have the right to decide how they will receive these notices.
- E. All meetings of the R6A shall be conducted in accordance with the latest edition of *Roberts Rules of Order Newly Revised*, where not in conflict with the law, these Bylaws, the R6A Policy and Procedure Manual, or special rules that RRs may adopt.

IV. MEMBERSHIP OF R6A

The membership of R6A shall consist of RRs and/or ARs from each R6 Intergroup desiring to participate, and any other OA Group unaffiliated with an Intergroup (hereinafter referred to as an Unaffiliated Group) within R6 that may wish to be a part of the Assembly. R6 Intergroups and Unaffiliated Groups are those within the following geographical locations: New York, Connecticut, Massachusetts, Rhode Island, New Hampshire, Maine, Vermont, Central and Eastern Ontario, Quebec, Newfoundland & Labrador, New Brunswick, Nova Scotia, Prince Edward Island and Bermuda. R6A RR's and/or AR's do not have to live within the geographic boundaries of Region 6 but shall attend meetings in R6 and participate in R6 intergroups and/or Unaffiliated Groups.

- A. Two (2) or more groups may form an Intergroup for the purpose of servicing and representing the groups of which they are composed and acting as the guardian of the OA Twelve Steps, Twelve Traditions, and Twelve Concepts of Service. Each R6 Intergroup shall be composed of groups within R6 or groups within its geographical proximity. No group registered with a R6 Intergroup shall be registered with any other

Intergroup.

1. The R6A's definition of an OA group shall at all times conform with the definition of an OA group as outlined in the OA Inc. Bylaws, Subpart B, Article 5, Sec 1.
- B. Those Intergroups and Unaffiliated Groups within R6 are deemed members, provided that each Group or Intergroup has been registered with the World Service Office and the R6 Coordinator.
 1. Each Intergroup shall be duly registered with the World Service Office of Overeaters Anonymous by submitting:
 - a. A completed Intergroup registration form;
 - b. Bylaws and/or a summary of its purpose and operating procedures if bylaws have not been adopted yet, each of which shall conform to OA, Inc. Bylaws and
 - c. Complete registration information on each of its affiliated groups.
 2. Each Intergroup shall submit a copy of its bylaws to the WSO whenever the Intergroup bylaws are updated or changed.
 3. A national/language service board shall be a duly registered service body with the purpose of dealing with issues that require a combination of membership and financial resources of Intergroups and groups within a country/countries. The national/language service board shall serve and be responsible and accountable to those groups and Intergroups. These service boards may also be known as language service boards.
 - a. Each national/language service board shall be duly registered with the World Service Office of Overeaters Anonymous by submitting:
 - i. A completed registration form.
 - ii. Bylaws and/or a summary of its purpose and operating procedures if bylaws have not been adopted yet, each of which shall conform to OA, Inc. Bylaws; and
 - iii. Complete registration information on each of its affiliated groups and Intergroups.
 - b. Each national/language service board shall submit a copy of its bylaws to the WSO whenever its bylaws are updated or revised.
 - c. The Intergroups shall register separately with the World Service Office as defined in Subpart B, Article VI-Intergroups.
- C. Qualifications for selection of RRs and/or ARs to R6A shall be set by each Intergroup or Unaffiliated Group provided that each RR or AR shall have a minimum of: Six (6) months of current, continuous abstinence. Each RR and/or AR shall serve for a period to be determined by their respective Intergroups or Unaffiliated Groups, subject always to recall by the Intergroup or Unaffiliated Group they represent.
- D. Each Intergroup shall be entitled to one (1) RR for each ten (10) groups or fraction thereof and sufficient alternates as shall be deemed appropriate by the Intergroup. A group shall be recognized as registered and represented by an Intergroup only if the group is within R6 or within its geographical proximity.
- E. Each Unaffiliated Group shall be entitled to one (1) RR and one (1) AR.