



MESSENGER

The Bi-Annual Newsletter of Region 6 of Overeaters Anonymous

Spring 2009

Message from the Region 6 Chair

Hi, my name is Karin and I am a compulsive overeater. I am grateful to be serving as the Region 6 Chair. I enjoy doing this service and it has been an opportunity for growth. I certainly get out of my comfort zone, (especially when it comes to writing articles!). I came to OA 19 years ago because I couldn't stop eating. I just wanted to lose weight. I had no idea how much my life would change when I started working the 12 steps as outlined in the Big Book. I have been abstinent 17 years now and I am so grateful for this program that has saved my life.

I am writing this article at the beginning of January 2009 and want to wish you all a Happy New Year.

I was supposed to attend an OA meeting tonight but we are snowed in so I am using another tool. I am very grateful for the tools of the program. I love going to meetings and talking to members. It reminds me that I am not alone, that I am part of the "we" of the fellowship. I cannot recover alone so it is important for me to stay connected to members. At this time of the year with the holidays just over and every magazine and talk show focused on resolutions, dieting and losing weight it is good for me to remember who I am. I am not a normal eater. I am powerless over food. I am a compulsive overeater. I

have this disease. This I must accept about myself to stay in recovery. And I do this one day at a time. I write out step work and stay in touch with my sponsor. I go to meetings, follow my plan of eating and do service. Service gets me out of myself and focused on the solution. I rely on my HP who does for me what I cannot do for myself. I'm grateful that I don't have to go on another diet. I can't control my food. I give up control to my HP, one day at a time. Today I want the freedom and sanity that the Big Book promises so I am willing to use the tools to work the steps. It's not always easy but it works if I work it.

Since the Fall Assembly I had the privilege of attending the R6 Convention in Plymouth MA. It was a wonderful weekend! I led a workshop on the Big Book in November and I chaired a Board teleconference call in January to prepare for the spring assembly which is on April 18th. I am also a member of the Region Chairs Committee and we are busy preparing for the Forum at the WSBC. Life can be busy at times but I take it one day at a time.

Thank you for allowing me to serve. See you in April.

Karin R. H.
Region 6 Chair

chair@oaregion6.org / 613-828-4413

Serenity
in Stamford

OA Region 6
2009 Convention
October 23 - 25, 2009
Stamford, CT
www.oaregion6.org/2009

REGION 6 CONTACTS

Please direct R6 correspondence to:

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Please mail R6 contributions to:

Zazu G.
R6 Treasurer
P.O. Box 3073
Milford, CT 06460 USA
Please make checks payable to: **Region 6 OA**

The following information allows us to properly acknowledge your group's contribution:

- WSO Group Number
- Meeting City
- Meeting Day & Time

Your canceled check is your receipt. Your intergroup will receive an acknowledgment at either the next R6 Assembly or mailed with the next issue of The Messenger to your intergroup. Please ask your groups to be as generous as possible. Thank you for your support, service and contributions.

**THE MESSENGER is the publication of Region 6
Assembly of Overeaters Anonymous
7 Porter Park
Cambridge, MA 02140-2107**

WHAT IS REGION 6?

Region 6 consists of Overeaters Anonymous meetings and intergroups from the following geographical locations: New York, Connecticut, Massachusetts, Rhode Island, New Hampshire, Maine, Vermont, Central and Eastern Ontario, Quebec, Newfoundland, New Brunswick, Nova Scotia and Prince Edward Island.

The purpose of Region 6 of Overeaters Anonymous is:

- To further the OA program in accordance with the Twelve Steps and Twelve Traditions of OA;
- To maintain a communications center for Region 6;
- To provide a forum for the selection of Regional and General Service Trustee nominees;
- To provide unity of groups and organization of Intergroups within Region 6;
- To host Region 6 Marathons and Conventions as deemed necessary by Region 6;
- To work for OA as a whole within the Region or Committees appointed by World Service..

The next Region 6 Assemblies are scheduled for:

April 18, 2009
Best Western Sovereign Hotel Albany
1228 Western Avenue
Albany, NY 12203
(518) 489-2981
Reservations: 1-800-528-1234
E-mail: gm@sovereignhotels.com

October 3, 2009
Location to be announced

The Messenger Staff

The Messenger is produced through the efforts of the members of the Region 6 Newsletter Committee. We are:

- Debi G.. ----- Chair
- Debi G. ----- Editor
- Debi G. ----- Proofreader
- Steve M. ----- Layout and Production
- Steve M. ----- Web site and Publications
Coordinator

Editorial Policy

The Messenger is the bi-annual newsletter of Region Six of Overeaters Anonymous. The deadline for copy is the July 1 for the Fall Edition and January 1 for the Spring Edition. Material cannot be returned nor can payment be made. All submissions to the editor must be signed and when published, will appear with first name and last initial unless otherwise requested. Names will be withheld upon request. The Messenger reserves the right to edit all submissions for length and clarity. Other OA groups may reprint without permission. We ask that you cite the writer and The Messenger as your source. Courtesy copies of reprinted articles are appreciated. The opinions expressed are those of the writer, not those of Region 6 or OA as a whole. Please address all submissions and correspondence to The Messenger via e-mail to: Newsletter@OAreion6.org or via US Postal Service in care of the Region Six Coordinator at the address designated above.

*The Newsletter Committee needs your help. We need editors, proofreaders and someone who can layout this sort of newsletter. You don't need to be perfect, just willing. Send mail to newsletter@oaregion6.org and **THANK YOU!***

Trustee's Message

Love and Tolerance for All

I've been staring at this blank screen that is waiting to be filled with my Messenger article for a good while now... prior to that, I was simply dealing with my writer's block by, well, not writing. My computer also cooperated by taking a little trip to Kansas to have its LCD replaced, then I returned the favor by leaving town myself, but now, I've run out of road.

I think one of the things that's stymied me is the fact that this is my final Messenger article as region trustee, and I don't want it to be. I've been counting down the "lasts" (last November board meeting in Albuquerque.... soon the last February..... after that my last WSBC.... you get the idea) and getting pretty sad.

This almost three years as trustee, and prior to that three as region chair, and before that four as coordinator, have been so fulfilling. I love Region Six so very much. I am so grateful to all of you, us, for allowing me the privilege of serving in this position, and I am looking forward to being able to encourage and support more of you in trying out service challenges that maybe, you don't think you're ready for, or suited for, have time for, whatever. I'm looking forward to serving in my meetings, being able to help with events, do PI, go back to intergroup, and know that I gave my best; and know that the region continues to rest in capable and loving hands.

If there were one theme I'd stress in my last Messenger message, then, it would be the spirit of fellowship. I've had the privilege of talking with, corresponding with, meeting with so many more OA members than I would have if I'd never left my home. It's clear that we all love this fellowship, we all want what's best for it, and we take that responsibility seriously. We work the twelve steps so that we can have that miraculous release from fear and worry – from the prison of food and the bondage of self. We practice the twelve traditions so that we can be in relationship with others while we serve God and pass this message to others. This we agree on.

But, as it says in our literature, that doesn't mean we have to be in "sheeplike agreement" on all matters. How well can we agree to disagree? How often can we relinquish the "right to be right"? It is said that there are three important tests to perform before making an utterance: 1) Is it true? 2) Is it kind? 3) Is it necessary?

Often this position has involved responding to calls where the caller is very often, unhappy, frustrated, or otherwise suffering because of a disagreement over the "right" interpretation of a tradition, policy or bylaw. Sometimes I might believe the caller wants me to make a "ruling," but I find more often than not what's more important is that they know they are being heard. I have grown much more as a "listener" than as a "decider" in this position – and I'm glad of that. I am much less reactive, and feel less of a need to be "right," and more at ease with people who do not agree with me. For me, this is huge.

I ask my Higher Power every morning to direct my thinking –

to clear my mind of wrong and selfish motives so that I can be more helpful. I know that on this basis, I have nothing to fear from others, and I can afford to practice love and tolerance for everyone, without exception. Even when I don't genuinely feel it, I can hold that as my intention. And my hope for my beloved Region Six is that you all can treat each other as kindly, as lovingly, as supportively as you have treated me. May we all live well and be well – one day at a time. Thank you for my life.

— Margaret Ann B.
trustee@oaregion6.org

Serenity in Stamford

Region 6 Convention – October 23-25, 2009

God grant me the Serenity...Ever stop to consider of all the things we ask for in our recovery prayer, we ask for Serenity. I mean we could have asked for many things: money, wealth, power, good health, yet we ask for something so simple, yet not so easy to find or achieve.

What is Serenity exactly? Perhaps these words will shed some light...calm, clearness, composure, peace, quiet, and tranquility. Is Serenity something we acquire, or is it a place we arrive at in our journey?

What is your idea of Serenity? When I grew up in Boston, my idea of Serenity was a physical place, a destination, a temporary oasis in a busy city. My Serenity was the beach at Castle Island in South Boston.

As I went through life the destinations changed, though I always seemed to find my place of Serenity near water.

When I came into to OA, I was surprised to learn that Serenity was not a physical place I went to, it was something internally felt and achieved. It was arrived at through discovery and recovery. It was found through tears and laughter, and most of all prayer; a culmination of things.

In OA, I've heard Serenity described as "not freedom from the storm, but peace amid the storm".

What is your idea of Serenity? Do you feel at peace? Do you feel a sense of inner quiet?

In Stamford you can find out.

Do you feel light inside? Do you feel spiritually connected? Would you like to?

Your answers wait in Stamford.

Serenity continued on, Page 4

OA Members Write On – Giving as if my life depends on it

Region 6 Assembly – September 20, 2008

SERVICE IS CONTAGIOUS

Early in program I was told service is slimming. After all isn't that why I came into OA – to get thin? They didn't tell me all of the other more important gifts that I would receive. I've learned there are many ways to work this program of "suggestion." My level of service quickly escalated through group, Region and World Service levels. I've met dear friends from all over the world and worked with them on various levels. The excitement of others giving service is contagious. The pride of not wanting to have to step down from a position has helped to keep me abstinent for over 16 years. When my time was up in a position, I was sad to see it end but always found another way to be of service. I'm told I can't keep it unless I give it away, and I'm going to keep giving because my life depends on it!

— *Love and Service, Jean G., CMIG*

REASON #1

The only reason I am abstinent today is because of OA members who came before me, and decided to give service. All I do is pay it forward and give service so that the newcomer and the future newcomer can benefit from everything that was so freely given to me.

— *Bruce R. Ottawa District IG*

KEEPS ME COMING BACK

For me, service is what keeps me in the program. There is no "as if" in it. My life does depend on it. Doing service at the group level, Intergroup level and now at the Regional level gets me out of my own head. Doing service for others enables me to be useful and that is a positive feeling for me. When I do service I feel like I am part of the group rather than an observer looking from the outside in. When I first came into program in July 2004, doing service was a way for me to connect to people. Ours is a disease of isolation, and I am usually very shy (people who hear me now don't believe it. I also used to weigh almost 250 lbs and I am now half that). Helping to set up chairs or putting them away, talking to a newcomer, setting up literature, all of these are opportunities to connect with other people, share my program, and leave the meeting knowing I am among friends. If I wasn't doing service, I wouldn't still be here.

— *Jean B, MBI*

TOGETHER WE CAN

I have been enjoying abstinence from sugar since January, 2002. This is a miracle. I was unable to do this on my own, no matter how many times I swore off. I cannot keep what I have been given if I don't give it away. Service keeps me coming back, even when I don't feel like it. Working with newcomers keeps it fresh in my mind where I came from. Doing service helps me remember it is a "we" program. Together we can do what we could never do alone.

— *Kathy*

MY LIFELINE

I know when I do service of any kind, I am a better person because of it. We all are most happy when we do something for someone else. It is important for me to reach out of myself and see where I can help. It is in giving that we truly receive. It is my living lifeline.

— *Jon M.*

Serenity continued from Page 3

Whether you arrive as a day tripper or join us for the entire recovery and fun-filled weekend, it is our sincere desire that you find this convention to be a spiritual channel for the Serenity we have found in living our 12 step program. The physical stage has been set. Our hotel, the Marriott-Stamford Hotel and Spa is a beautiful hotel. The lobby is spacious, the ballroom is Grand. Small quiet areas are tucked here and there to allow for more intimate conversation, or a few minutes of quiet.

There's a spa to take in a massage or a sauna. The hotel has a swimming pool and a 24-hour gym. There's lots of shopping in the area and a huge mall right across the street; all things to do in between all of your OA workshops and entertainment.

We've got workshops lined up all day and through the evening. You'll have many choices, and topics will surely peak your interest. After each evening meal, and Sunday, we'll have a keynote speaker. We won't tell you who, you'll have to join us to find out. They'll be plenty of entertainment to unwind, including a dance.

It's not the just the hotel that makes a convention, or all of the OA activities, it's the fellowship. At convention you'll meet old friends and make new ones.

Come, connect with us in Connecticut and surround yourself in the joy of OA recovery.

Committee Reports

Region 6 Assembly – September 20, 2008

BYLAWS COMMITTEE

In Attendance: Chair, Bruce R. (Ottawa District IG) + 5 delegates, and Ann W. (Parliamentarian).

ISSUES DISCUSSED AT MEETING:

- Suggestion to withdraw Proposed Motion # 4 from this Assembly. This motion says that Region Reps and Alternate Reps should possess 6 months current, continuous abstinence in order to vote at Assemblies. R6 Board wants it withdrawn as it would create voting complications for the Assembly.
- Young People Committee motion, which moves to change the committee name to Youth In OA Committee.
- Motion amending Article 6 Section E of the Bylaws by removing the word "elections", so the sentence would read, "A vacancy of R6A officer shall require that the R6 Board appoint an interim officer who shall serve until the next Assembly".

DECISIONS MADE:

Committee reports continued on, Page 5

- Proposed Motion # 4 will remain; Young People Committee name change motion passed; motion to amend Article 6 Section E to delete the word elections passed.

CONVENTION COMMITTEE

In Attendance: Chair, Roberta L. (Nassau County IG) + 10 delegates, Karin (R6 Chair) and Margaret Ann (R6 Trustee).

ISSUES DISCUSSED AT MEETING:

- Discussion of 2009 Convention - discussed hotels and costs if Convention not held in Syracuse. (Plymouth - \$266.00 for a double; Stamford - ?, Syracuse - \$267.00 for a double, function room is \$10 K.)
- What has been invested in Syracuse; money or effort?
- - Money \$500.00 for deposit and minimal costs to start - up.
- - \$150.00 for DJ.
- - \$83.00 for miscellaneous costs.
- - \$232.00 for supplies that can possibly be used at the next Convention.
- - Board is recommending we move to Stamford.
- - Syracuse contract not well negotiated and cost of breakout rooms is high.
- - There is a company that can help us get our foot in the door in Stamford.

DECISIONS MADE:

- Danielle S. volunteered to Chair the 2009 Convention, and Diane R. will Co-Chair.
- The Committee voted to move the 2009 Convention to Stamford, Connecticut.
- Rationale:
 - - Due to lack of Syracuse support and Convention Chair stepping down.
 - - We have not had a convention in CT in over 20 years.
 - - We have seasoned members/neighboring Intergroups willing to step up and do service.
- Motion prepared to submit to the Assembly this afternoon regarding change of venue for the 2009 Convention.
- Elections held: Charlie G. - C. C. Chair, Danielle S. - C. C. Vice-Chair, and Laura R. - C. C. Secretary.

FINANCE COMMITTEE

In Attendance: Chair, Alyssa (Greater NY Metro IG), + 8 delegates, Zazu (R6 Treasurer), Diana (R6 Vice-Chair).

ISSUES DISCUSSED AT MEETING:

- Review of books:
 - I. Treasurer's report was reviewed by way of random transaction verifications (e.g., deposits, checks, check register, bank balance) by way of paper trail.
 - II. Vice Chair was present and acknowledged that the review was progressing in good order before leaving to attend another committee meeting.
 - III. Deliverables:
 - IV. E-mail receipt for deposit 8/14 (tax penalty refund \$1,687.70).
 - V. E-mail copy of documentation of \$750.00 filing fee paid to IRS #1151 Sept. 1.
 - VI. Add column to spreadsheet to show deposit date of group

- checks as well as copying these checks.
- Moving forward, committee related expenses paid must be approved (i.e., copy of invoice signed by Committee Chair).

DECISIONS MADE:

- Old business from the April Assembly Finance Committee Meeting was reviewed, and updated reports given:
 - I. An external audit of Region 6 finances is cost prohibitive.
 - II. We will continue with internal audits and amend our processes as suggestions are made.
- New Business:
 - I. Suggestion made that current treasurer describe her methodology (e.g., a task list broken down by week, month and year) in a bulleted format for the future treasurer (s). In this way, learning about expenses being signed by the Committee Chairs and photocopying of deposits are not lost. This will be a living document that is updated by treasurers as new learning or adjustments are made.

ASSIGNMENTS AND DEADLINES:

- Emergency budget motions to be presented to today's Assembly were discussed and confirmed:
 - I. To give World Service 2 year's worth of monies that were never sent in 2006 and 2007. Monies to come out of budgets that were not used last year (e.g., PI Committee).
 - II. To acknowledge and affirm budget line items that were over budget.
 - III. To accept increased projections in various current line items that were missed or projected to be larger than anticipated.

IGOR (INTERGROUP/OUTREACH) COMMITTEE

In Attendance: COMMITTEE - Chair, Lyn (Green Mountain North IG), + 7 delegates, and Helen (R6 Coordinator).

ISSUES DISCUSSED AT MEETING:

- How to communicate - by e-mail, phone or regular mail?
- What we get out of coming to Region, and how to communicate that to unaffiliated and non - attending groups.

DECISIONS MADE:

- We will use e-mail to communicate once a month and make phone calls to those without e-mail.
- We will send out forms to unaffiliated groups.
- We will update unaffiliated groups once we have completed the IG list.
- We will update IG contact info.
- Discuss Assembly Scholarship Fund application over e-mail before next Region 6 Assembly.

GOALS/ACTIONS WHICH WILL BE COMPLETED BY THE NEXT ASSEMBLY:

- Notice in R6 newsletter to ask Intergroups to tell R6 what works well for them.
- In the next mailing, we will send out a group registration form and a list of Intergroups and contact information for all Intergroups to unaffiliated groups.
- Mail 2008 packets.

Committee reports continued on, Page 6

Committee Reports

Region 6 Assembly – September 20, 2008

ASSIGNMENTS AND DEADLINES:

- Jeff will make 100 copies and format Intergroup list by Spring Assembly 2009.
- Denise will make 100 copies of forms from WSO.
- Alison will facilitate writing the cover letter.
- Split up the Intergroup list and contact the Intergroups to update list.

NEWSLETTER COMMITTEE

In Attendance: Chair, Debi (New Hampshire Intergroup) and Steve (Website and Publications Coordinator).

ISSUES DISCUSSED AT MEETING:

- Reviewed how newsletters are made; communication review; schedule deadlines.

DECISIONS MADE:

- Elected Debi as Committee Chairperson.
-

GOALS/ACTIONS WHICH WILL BE COMPLETED BY THE NEXT ASSEMBLY:

- Will recruit from local Fellowship for help.
- ASSIGNMENTS/DEADLINES:
 - To editors by 11/19/08.
 - To proofreaders by 1/5/09.
 - Officer reports due by 1/5/09.
 - Proofed copy to layout by 1/8/09.
 - Layout first draft 2/11/09.
 - Final newsletter to printer by 2/25/09.

PI/PO COMMITTEE:

In Attendance: Chair, Deb K. (Cape Cod IG) + 16 delegates and Diana (Vice Chair).

ISSUES DISCUSSED AT MEETING:

- What have Intergroups been doing since April? Health fairs at schools, hospitals, radio show, cable companies, movie theaters, and libraries with OA literature. Gyms, hospitals doctors' offices, EAP (Employee Assistance Program) outreach, flyers at meetings location, diner place mats.
- World Service is gathering PI ideas from various Intergroups - will be posted on the website.
- Libraries: gifting "Lifelines"; requesting OA literature in the library.

DECISIONS MADE:

- Elections: Chair - Deb K., Secretary - Valerie P.
- Michael will sell pamphlets to Intergroups who want them.
- Samantha and Carol will contact W.S.O for already published materials.
- Motion passes that Carol, Michael and Jean G. will re-write the Blitz application to include a financial status inquiry.
- Motion passes to give \$3000.00 to Greater NY Metro IG for the PI Blitz.

GOALS/ACTIONS WHICH WILL BE COMPLETED BY THE

NEXT ASSEMBLY:

- Short Term:
 - Pamphlets: re-distribution of APA Convention pamphlets.
 - Surveys: contacting WSO to find out how people have found OA.
- Long Term:
 - Region 6 PI Committee becoming pro-active in launching projects/proposals.

ASSIGNMENTS/DEADLINES:

- Review the current guidelines for PI Blitz proposals to include financial status

12 STEP WITHIN COMMITTEE:

In Attendance: Chair, Tina C. (North Shore IG) + 9 delegates, and Laura (R6 Secretary).

ISSUES DISCUSSED AT MEETING:

- Committee's mission: workshop at Convention to be Chaired by Janet from Maine Intergroup and Ann from Queens Unity Intergroup.

DECISIONS MADE:

- We decided on content for "Put Your Hand In The Hand" workshop at the Convention.
- Linda K. elected Committee Chair; Janet C. elected Committee Vice-Chair.

GOALS/ACTIONS WHICH WILL BE COMPLETED BY THE NEXT ASSEMBLY:

- Short Term:
 - Follow through commitment to lead a workshop at the Convention titled, "Put Your Hand In The Hand".
 - We invite the Intergroups to focus on "Back To Basics"; creating Tools, Abstinence, Steps and Traditions workshops.

ASSIGNMENTS/DEADLINES:

- Letter to R6 Intergroups to be handed out at next Assembly regarding workshops.
- Create a morning workshop for next Region Assembly focusing on "Back To Basics" with breakout groups and Tools, Abstinence, Steps and Traditions.

YOUNG PEOPLE COMMITTEE

In Attendance: Acting Chair, Clarissa (Ocean and Bay IG) + 3 delegates, and Laura (R6 Secretary).

ISSUES DISCUSSED AT MEETING:

- Committee name change has to be passed by the R6 Bylaws Committee before Young People Committee can call itself the Youth In OA Committee.
- A.A. has a pamphlet geared to teens.
- Confidentiality materials/liability of sponsors; phone or on-line meeting for teens may be invaded by predators. Having young people meetings with the age range of 18 - 25 may diminish this

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Summary of Elections, Motions and Votes

Region 6 Assembly – September 20, 2008

risk.

- E-newsletter from World Service Youth In OA Committee.
- “Billy’s Story” felt to be too young for the 18 - 25 year old age range the R6 Committee wants to target. R6 Young People Committee heard that the World Service Youth In OA Committee may already be reviewing this.

DECISIONS MADE:

- Focus on materials available, such as the pamphlets “To The Teen”, and “OA Members Come In All Sizes: Welcome, Whatever Your Problem With Food”.
- Send appropriate literature to nurses and counselors.

GOALS/ACTIONS WHICH WILL BE COMPLETED BY THE NEXT ASSEMBLY:

- Each of the Committee members picked a place, such as a college or school to send a pack of teen/college slanted literature.
- Establish guidelines - not bring latest book on eating disorders, but comply with OA’s Traditions.
- Review OA’s Public Service Announcements to see if they are appropriate for young people outreach (e.g., possibly use on college radio stations); check WS website.

ASSIGNMENTS/DEADLINES:

- Research PSAs for radio - Rose.
- Each Committee member will explore the feasibility of a teen - focused meeting within their Intergroup (modeled after Alateen meetings) - Clarissa, Francine, Alan and Rose.
 - College application - Clarissa.
 - High School application - Francine.
 - School aged - Alan.

Summary of Elections, Motions and Votes

Region 6 Assembly – April 12, 2008

BYLAW AMENDMENTS/POLICY MOTIONS

Motion 1 - The Finance Committee moved to amend the Region Bylaws Article VII (Committees) by increasing the mileage reimbursement rate from 25 cents per mile to 35 cents per mile. *No pros or cons were noted, and the motion was adopted.*

Motion 2 - The Finance Committee moved to amend the Region 6 Bylaws Article VII (Committees) Section B, letter “i”, by changing the word “driven” to “traveled”. The sentence would then read, “Rate would be determined by dividing budgeted dollar amount for Assembly (½ of annual delegate travel budget) by total number of reimbursable delegate miles traveled.” *No pros or cons were noted, and the motion was adopted.*

Motion 3 - The Region 6 Bylaws Committee moved to change all references regarding abstinence to refer to “current, continuous abstinence” by amending the following articles:

- Article IV - Section D.2
- Article VI - Section H.4
- Article VII - Section C.1
- Article X - Section A.1.d.i
- Article XI - Section A.1.d.i

- Policy 006.

It was noted that there was a typographical error in the motion; that is, Article IV should actually be Article VI. Ann W. (Parliamentarian) said that the error could be corrected without having to formally amend the motion. The motion was initiated to help R6 conform with World Service Bylaws changes regarding abstinence requirements for officers. World Service enacted these requirements for its General Service Trustees only, but with this motion, the current and continuous abstinence requirement would apply to all R6 officers. The R6 Assembly does not have to vote on this in order to be in compliance with WSO. Delegates asked a number of questions about the intention of the motion, and expressed the feeling that the motion was going further than World Service intended with its changes. A motion was made to postpone the vote. The Chair called for a standing count to clarify the will of the Assembly. The Assembly was evenly divided between postponement, and voting on Motion 3 today. Karin (Chair) broke the tie, and voted to postpone the motion. *Motion 3 was postponed, and referred back to the Bylaws Committee to be re-worked.*

Motions 4, 5, 6 and 7 - Jeff S. (Greater NY Metro IG) moved to postpone discussion on the remaining motions in the interest of saving time and controversy. It was suggested they be referred back to the Bylaws Committee. There was no objection from the Assembly, and *Motions 4, 5, 6 and 7 were postponed; referred back to the Bylaws Committee.*

BUDGET OVERRIDE MOTIONS/COMMITTEE MOTIONS

Emergency # 1 Zazu (Treasurer) presented an emergency budget override from the budget on behalf of the Region 6 Board. It was moved to change the expense line items for a total of \$2,115 for three items for the Chair including regional chair meeting, WSO Board meeting, WSBC Expense as well as general items for orientation expense, professional service for non-profit status, and additional expense for the Region 6 Assembly.

The emergency budget override motion was adopted.

Emergency # 2 To eliminate the need for future budget overrides, the motion was made to increase certain line items in the 2008-2009 budget for a total increase of \$4,550.

The emergency budget override motion was adopted.

Emergency # 3 It was moved that the Region donate \$3,000 from the Approved Budget 2008-2009 to WSO, as there had not been a donation for at least 2 years.

The emergency budget override motion was adopted.

COMMITTEE MOTIONS - Roberta L. (Convention Committee Chair) moved that the R6 2009 Convention be moved from Syracuse NY to Stamford CT. Two delegates spoke in favor of the motion.

The motion to move the R6 2009 Convention from Syracuse, NY to Stamford, CT was adopted.

FIRST TIMER’S CEREMONY - The new delegates were asked to stand, and the Assembly acknowledged their service with a round of applause.